

Welcome to Our weekly Update

Caring is sharing with our neighbours

29th July 2026



This Week's Figures!

86 people received support and were provided with **863.450kg** of essential items and food to cover **1806 meals**.

We saw 33 cases (8 of which were new!) plus 9 did not attend.

We were able to close 4 cases.

Next week we are expecting to feed 66 people + any new referrals!

Our Shopping List For Next Week:

- NAPPIES SIZE 5 AND 6
- TINNED PEAS / CARROTS / CHICKPEAS
- TINNED FRUIT / RICE PUDDING / JELLIES
- INSTANT CUSTARD / ANGEL DELIGHT
- COFFEE / BISCUITS
- TOMATO KETCHUP / BROWN SAUCE / MAYO
- SINGLE TOOTBRUSHES / SHAMPOO / LOO ROLL
- TINNED MINCE / CHICKEN IN SAUCE
- BEANS WITH SAUSAGES / RAVIOLI / SPAG. BOG.
- TINNED SPAGHETTI / BAKED BEANS
- INSTANT MASH
- HALAL PRODUCTS
- **SUNCREAM FACTOR 50 / SUNHATS**

NO OATS OR TEA PLEASE

Ways to Help Us!

- **Food Drop-Off** at the Withywood Centre
Queens Road, Bristol BS13 8QA

Monday – Friday: 8:30 AM – 5:00 PM

Sundays: 9:30 AM – 12:00 Noon

(For frozen or refrigerated items, please notify the receiving volunteer)

- **Donate by Bank:** email us for details or our Gift Aid form.
- **Shop Online?** Use easyfundraiser to give a little extra—here's our QR code!



One Appeal & An Avalanche of Giving!



We've been overwhelmed by the incredible support shown this month. Rev Matt Southcombe and the congregation of Christchurch, Clifton astounded us by responding to Rev Josh's

Facebook appeal, donating an amazing 198.6kg.

When Mike won a voucher in the H & W Community Choir raffle, he generously donated it to help us buy much-needed deodorants.

A quick reminder: a generous donation of bananas arrived last Friday but sadly spoiled before distribution today. Please deliver perishable items on Tuesdays, or ideally Wednesday mornings. Thank you for your continued support.

Arrived at the Centre!

935.900kg of food + a bag of sunhats

Heartfelt thanks to our amazing donors:

Christchurch: Clifton, Hartcliffe & Withywood Community Choir, Individuals, Knowle Methodist Church, Lidl's, M&S, Customers of Morrisons and Sainsburys, Slimming World, St Andrews: Hartcliffe, St Nic's Bread, St Pius Xth & Sacred Heart, Withywood Church.

And all who have given financial donations enabling us to order supermarket deliveries.

To Get In Touch!

Email: Carpenters@withywoodcentre.com

Tel: 07774 255013 (0117 987 84 00)

We were thin on the ground today, but the clients were very patient with us in the heat.

Tracey, Debbie and the team.

Reg. Charity No: 1212123