

# Welcome to Our weekly Update

*Building A Brighter Future, One Step At A Time*

11<sup>th</sup> March 2026

**Carpenter's**  
Food & Support  
Caring for our community

## This Week At A Glance!

**52 people** received support and were provided with **566.200 kg** of essential items and food to cover **1,092 meals**.

We saw 21 cases (8 of which were new) plus 10 did not attend.

We were able to close 7 cases.

## Help Us With These Essentials!

- BAKED BEANS
- TINNED FRUIT
- TINNED RICE PUDDING
- TINNED CARROTS, PEAS & SWEETCORN
- TINNED CHILLI, CURRY & MEATBALLS
- SMALL TINS OF HAM, LUNCHEON MEAT, PORK
- PACKETS OF INSTANT MASH
- FRESH VEGETABLES
- DEODORANTS FOR MEN & WOMEN
- CEREAL (not porridge though!!)
- FRESH FRUIT & VEG

## Ways To Make A Difference!

- Food Drop-Off:

Monday – Friday: 8:30 AM – 5:00 PM  
Sundays: 9:30 AM – 12:00 Noon

The Withywood Centre,  
Queens Road, Bristol BS13 8QA

(For frozen or refrigerated items, please notify the receiving volunteer)



- Donate by Bank: email us for details or our Gift Aid form.
- Shop Online? Use easyfundraiser to give a little extra—here's our QR code!

## Happy Mothers Day!

Our volunteers delighted families by distributing chocolates and daffodils to all the mums and cherished carers among our clients. Not only did this thoughtful gesture bring a smile to mothers who visit the foodbank, but it also empowered clients to be able to gift a little something to their own mums. Through these small yet significant tokens of appreciation, the foodbank aimed to spread a little joy on this special day.



## Your Support Bring Times Of Joy!

**441.700Kg** arrived at the Centre

Heartfelt thanks to our amazing donors:

Individual Donors, Knowle Methodist Church, Lidl's, M & S, Customers of Morrisons and Sainsburys, Slimming World, St Andrews: Hartcliffe, St Martin's Church: Knowle, St Pius Xth & Sacred Heart, Winford Community Shop, Withywood Church

And all who have given financial donations enabling us to order supermarket deliveries.

## Get In Touch!

Tel: 07774 255013 (0117 987 84 00)

Email: [Carpenters@withywoodcentre.com](mailto:Carpenters@withywoodcentre.com)

Every act of kindness counts. Thank you.  
*Tracey, Debbie and the team.*

Reg. Charity No: 1212123