

Welcome to Our weekly Update

Caring is sharing with our neighbours

1st July 2026

Carpenter's
Food & Support
Caring for our community

This Week's Figures!

71 people received support and were provided with **693.160kg** of essential items and food to cover **1491 meals**.

We saw 29 cases (2 of which were new!) plus 11 did not attend.

We were able to close 12 cases.

Our Shopping List For Next Week:

- TINNED SPAGHETTI / MACARONI CHEESE
- LONG LIFE MILK & CEREAL
- PKT & POT NOODLES
- TINNED FRUIT & RICE PUDDING
- INSTANT CUSTARD
- BISCUITS
- DEODORANTS
- TINNED CURRY / CHILLI / CHICKEN / MEATBALLS
- BAKED BEANS
- TINNED PEAS / CARROTS / KIDNEY BEANS
- COFFEE / SQUASH
- **SUNCREAM FACTOR 50**

Ways to Help Us!

- Food Drop-Off:

Monday – Friday: 8:30 AM – 5:00 PM

Sundays: 9:30 AM – 12:00 Noon

The Withywood Centre,
Queens Road, Bristol BS13 8QA

(For frozen or refrigerated items, please notify the receiving volunteer)



- Donate by Bank: email us for details or our Gift Aid form.
- Shop Online? Use easyfundraiser to give a little extra—here's our QR code!

The Difference Your Support Makes!

Recently, a young boy, happily enjoying a sandwich he had received from us, smiled and said: "You feed me. I love coming here."



We also received heartfelt feedback when one client shared: "It has helped me not worry about how I was going to pay all my bills and buy food. I have learned a bit about having a better diet." Another told us: "It has just helped me get through a hard time. I have been treated well, and it became the highlight of my week."

These comments remind us that our support provides far more than food. It offers reassurance, dignity, a sense of community, and hope during difficult times. We are grateful to everyone who helps make this possible.

Arrived at the Centre This Week!

510.740kg arrived at the Centre

Heartfelt thanks to our amazing donors: Freemasons of Bristol with Dole, Hartcliffe & Withywood Choir, Individuals, Knowle Methodists, Lidl's, M&S, Customers of Morrisons and Sainsburys, Slimming World, St Pius Xth & Sacred Heart, Ubley & Compton Martin Parish, Withywood Church.

And all who have given financial donations enabling us to order supermarket deliveries.

Get In Touch!

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We couldn't do this without you! Thank you.

Tracey, Debbie and the team.

Reg. Charity No: 1212123